



Menus for **May 2019**

NOTTOWAY
ELEMENTARY SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger deal here than it is in Mexico!

SOL TESTING

Testing Begins May 7th

ALL CHILDREN TESTING IN MAY HAVE FREE BREAKFAST ON THEIR SOL DAY!!

Wednesday, May 1

Breakfast

Mini Pancake
Fruit, Fruit Juice
Milk

Lunch

Cheeseburger w/
Lettuce, Tomato,
Onion
Tater Tots
Cucumber Cup w/Dip
Apple Slice
Milk

Thursday, May 2

Breakfast

Grape Croissant
Fruit, Juice,
Milk

Lunch

Chicken Alfredo
Green Beans
Broccoli w/Cheese
Orange Smiles
Milk

Friday, May 3

Breakfast

Pancake Sausage
Wrap
Fruit, Fruit Juice Milk

Lunch

Hot Dog on Bun w/
Chopped Onion and
Relish
Macaroni-N-Cheese
French Fries
Carrot Cup w/Dip
Fresh Pear
Milk

Available Daily

Fresh Chef Salads

(Turkey or Ham, Romaine Lettuce, Variety of Vegetables, and Crackers)

Snack Attack

(Yogurt and Cheese Stick, Cheez Its or Wow Butter and Jelly Sandwich and Cheese Stick, both served with a fresh Vegetable, and Fruit)

All Meals Include Vegetable and Fruit of the Day

Monday, May 6

Breakfast

Banana Bread
Fruit, Fruit Juice
Milk

Lunch

Chicken Tenders
Roll
Sweet Peas
French Fries
Fresh Apple
Milk

Tuesday, May 7

Breakfast

Sausage, Egg, Cheese
Biscuit, or Oatmeal or
Breakfast Pizza
Hash brown, Juice,
Fruit, Milk

Lunch

Pork Chop on Bun w/
Lettuce and Tomato
Baked Beans
Sautéed Cabbage
Fresh Strawberries
Milk

Wednesday, May 8

Breakfast

Ham, Egg, Cheese
Croissant, or Breakfast
Pizza Deluxe
Hash Brown, Fruit,
Juice, Milk

Lunch

Salisbury Steak
Mashed Potatoes
Broccoli w/Cheese
Roll
Fresh Pear
Milk

Thursday, May 9

Breakfast

Chicken Biscuit, or
Toasted Cheese
Sandwich, Hash
Brown, Fruit, Juice,
Milk

Lunch

Spaghetti w/Meatballs
Texas Toast
Romaine Salad
Carrot Cup w/Dip
Apple Slices
Milk

Friday, May 10

Breakfast

Cereal w/Graham
Cracker
Fruit, Fruit Juice Milk

Lunch

Pepperoni Pizza
Corn
Cherry Tomato Cup
w/Dip
Apple Sauce
Milk

MOTHER'S DAY SUNDAY, MAY 12

